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PAGES

25-DAY ADVENT JOURNAL

PLAN YOUR PEACEFUL NEW YEAR





Hi, I'm Jeanine

Use this journal to design and plan a cozy, heart-centered and grounded lifestyle that keeps you connected to your divine self and makes room for stillness and joy. The 24 prompts will help, but make sure you include your dreams. What would a lifestyle of peace, harmony and joy look and *feel* like to you? Envision it, dance with it, sing to it... and then plan it!

